

Dear Clinician,

Thank you for caring for your patient, who has been diagnosed with pancreatic cancer.

People with pancreatic cancer can frequently experience various symptoms, including:

- bloating,
- weight loss,
- (fatty) diarrhoea, and
- wind
- nausea and vomiting
- abdominal pain

These symptoms are a result of developing malabsorption and maldigestion, which in turn impact on physical health and quality of life.

We are a group of researchers from ASPERT (University of Otago, Nurse Maude & Pancreatic Cancer Aotearoa NZ) who are dedicated to ensuring people with pancreatic cancer in Aotearoa New Zealand receive optimal treatment for malabsorption and maldigestion, as well as alleviating their significant symptoms, by:

- Assessing for symptoms -
  - If any symptoms are present, or your patient has pancreatic cancer, commence CREON Forte 25,000IU
    - Baseline dose: 2-3 capsules per meal, 1-2 capsules for a snack
    - Dose schedule: take at start of meal/snack

As we are currently conducting research in this area, we recognise the importance of treating malabsorption and maldigestion appropriately, to improve the clinical outcomes and quality of life of your patients with pancreatic cancer.

For further information, please see our website (<https://tinyurl.com/aspert>), Facebook page (<https://www.facebook.com/aspertresearch>) or email us on [aspert@otago.ac.nz](mailto:aspert@otago.ac.nz)

Yours sincerely,

*Dr Amanda Landers*

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