

# BOWEL CANCER AWARENESS

## Do you know the signs?

The symptoms of bowel cancer can be vague and mistaken for other, less serious conditions. If you have any of these symptoms for a prolonged period, see your GP:



### Symptoms



Tiredness



Change in bowel habit



Unexplained weight loss



Straining, soreness, lumps & itchiness around anus



Abdominal pain & discomfort



Rectal bleeding (bleeding from the anus)



Lumps in the tummy



### Notes for your GP appointment

- Describe your symptoms.
- How long have they been going on?
- Do you have family history of bowel cancer?

Ask your GP what the plan is for treating symptoms. If medication is prescribed, make a plan and time for your next appointment to reassess symptoms if still present.



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