

# OESOPHAGEAL CANCER AWARENESS

## Do you know the signs?

The symptoms of oesophageal cancer can be vague and mistaken for other, less serious conditions. If you have any of these symptoms for a prolonged period, see your GP:



### Symptoms

- ☐ Persistent indigestion
- ☐ Loss of appetite
- ☐ Unexplained weight loss
- ☐ Pain, pressure or burning in throat or chest
- ☐ Raspy or strained voice and/or persistent cough
- ☐ Excessive tiredness
- ☐ Indigestion and/or heartburn
- ☐ black or bloody bowel motion



### Notes for your GP appointment

- Describe your symptoms.
- How long have they been going on?
- Do you have family history of oesophageal cancer?
- Do you barret's oesophagus?

Ask your GP what the plan is for treating symptoms. If medication is prescribed, make a plan and time for your next appointment to reassess symptoms if still present.



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