

# PANCREATIC CANCER AWARENESS

## Do you know the signs?

The symptoms of pancreatic cancer can be vague and mistaken for other, less serious conditions. If you have any of these symptoms for a prolonged period, see your GP:



### Symptoms



Persistent indigestion



Dark urine or changes to bowel motions



Loss of appetite



Excessive tiredness



Unexplained weight loss



Jaundice (yellowing of skin/eyes)



Back pain or pain on side of abdomen



Nausea



### Notes for your GP appointment

- Describe your symptoms.
- How long have they been going on?
- Do you have family history of pancreatic cancer?
- Do you have early-onset diabetes?

Ask your GP what the plan is for treating symptoms. If medication is prescribed, make a plan and time for your next appointment to reassess symptoms if still present.



**GUT CANCER  
FOUNDATION**  
RESEARCH & AWARENESS

@gutcancerfoundation  
gutcancer.org.nz