

STOMACH CANCER AWARENESS

Do you know the signs?

The symptoms of stomach cancer can be vague and mistaken for other, less serious conditions. If you have any of these symptoms for a prolonged period, see your GP:



Symptoms

- ☐ Painful/burning sensation in the abdomen
- ☐ Sense of fullness, even after a small meal
- ☐ Heartburn/dyspepsia
- ☐ Nausea and/or vomiting
- ☐ Unexplained weight loss
- ☐ Loss of appetite
- ☐ Black-coloured stool
- ☐ Extreme tiredness
- ☐ Swelling or pain in the abdomen
- ☐ Low iron levels (anaemia)



Notes for your GP appointment

- Describe your symptoms.
- How long have they been going on?
- Do you have family history of stomach cancer?
- Has a family member had *Helicobacter Pylori*?

Ask your GP what the plan is for treating symptoms. If medication is prescribed, make a plan and time for your next appointment to reassess symptoms if still present.



**GUT CANCER
FOUNDATION**
RESEARCH & AWARENESS

@gutcancerfoundation
gutcancer.org.nz